



Physical Education, School Sport and Physical Activity Development Plan and Premium Impact Report

Durham Dales Federation- Hamsterley Primary School

In 2023 – 2024, Hamsterley Primary School received £16,290 Primary PE & School Sport Premium. This will be used in conjunction with other grants and funds from the school budget to raise standards in curriculum Physical Education, School Sport, Physical Activity and Healthy living (PESSPA).

Vision:

ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Objective:

To build capability within school and achieve self-sustaining improvement in the quality of PE and sport in primary schools against the 5 key grant condition indicators:

1. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
2. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.

3. The profile of PE and sport being raised across the school as a tool for whole school improvement.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

Any further school or subject development priorities:

- Continued development of Forest School Sessions
- Development of extra-curricular sport opportunities.

The following PESSPA Development Plan includes all planned and continued actions to support the schools PESSPA programme and its vision, building upon previous achievements and sustaining the most valued approaches that support positive pupil outcomes. This action plan is a working document subject to change throughout the academic year. Actions may be RAG rated to support school self-review. In the planning stages, costs are estimated where possible and actual spend recorded when known. This development plan will also include (and state clearly) actions and areas not funded directly from the PE & Sports Premium grant (free or other) to support a move towards a self-sustaining approach. The Primary PE and Sport Premium spend IMPACT will be finalised and reported on our school website by 31st July 2024.

Action	Who does this action impact?	Key indicators to meet	Impact and how sustainability will be achieved	Cost linked to action	Review
Staff training and working alongside sports coaches/experienced PE staff to deliver PE lessons.	Children, teaching staff and TAs Education Enterprise sports coaches Jon King Sports coaches	Indicator 1: Increased confidence, knowledge and skills of all staff in teaching PE and sport. Indicator 3: The profile of PE and	Teachers gain subject knowledge and gain confidence with teaching skills of various sports. Staff trained and sharing knowledge with other staff.	Education enterprise £2028 + £900 (Fundamental development) Sports King £2280	EE provided high quality sessions led by a skilled coach, these sessions were thoughtfully designed to develop core skills, with a clear focus on structured activities that engaged

		sport being raised across the school as a tool for whole school improvement.	Develop the teaching of PE so children are confident and competent learners.		students effectively. Furthermore, regular communication with the school ensured that the coach was aware of both medium- and long-term planning, allowing for continuity in skill development throughout the school year. Significant staff absence meant the sessions had limited impact on improving staff subject knowledge.
Participate in Education Enterprise festivals and competitions	Children, teaching staff and Tas, sports coaches	Indicator 4: Increased participation in competitive sport.	Increase competitive sport among 100% pupils.	Competitions £800 Festivals £1450	Pupils benefited from the onsite festivals they participated in. Participation in festivals and competitions limited this year due to staffing constraints. Inter-Schools sports festivals and competitions across the federation would encourage teamwork and school spirit, which are vital

					components of the sporting experience.
Daily Wake up, shake up routine in school hall as pupils arrive	Children, teaching staff, TAs	Indicator 2: The engagement of all pupils in regular physical activity – kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.	100% of children engaged in 10 minutes of physical activity every day.	No cost	The daily 'Wake Up, Shake Up' at 08:50 has been beneficial to our routine, promoting physical activity at the start of the day. This initiative fosters a sense of belonging and helps children approach their school day with energy and enthusiasm.
Provision of free after school sports clubs 3x per week	Children & Education enterprise sports coaches	Indicator 2: The engagement of all pupils in regular physical activity – kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.	Children engaged in active activities at the end of the school day. All children able to attend as there are no financial constraints	£7488	The after-school clubs offered last year were a success, with very good attendance and enthusiastic participation from the children. Education Enterprise successfully delivered a variety of sports, ensuring that the sessions were well differentiated to meet the varying needs of participants. This diversity in sports provided students with

					opportunities to explore new interests.
Purchase additional playground equipment to encourage active playtimes	All pupils	Indicator 2: The engagement of all pupils in regular physical activity – kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.	Children engaged in active games and activities at break times. (45 minutes per day) Continued programme of replacing equipment as it shows wear and tear, so that expenditure is evenly spread.	£1000	Some additional playground equipment purchased but further development of playground area required to ensure all children are active and engaged.
Use of active blasts in lessons and making use of outdoor space to enhance teaching of the curriculum.	All pupils, teaching staff and TAs	Indicator 2: The engagement of all pupils in regular physical activity – kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.	Physical activity becomes a natural part of all lessons.	No cost	

<p>Residential booked at Ford Castle in June 2024 for all KS2 pupils. Activity Days at Hamsterley Forest etc for EYFS/KS1 pupils.</p>	<p>KS2 pupils and staff EYFS/KS1 pupils and staff</p>	<p>Indicator 4: Broader experience of a range of sports and activities offered to all pupils.</p>	<p>Broader range of experiences for the children to participate in. Children gain skills in confidence, resilience and independence.</p> <p>Children introduced to broader range of sports and activities.</p> <p>Currently part funded by school using Sports Premium funding. Future residential trips might require an increased contribution from parents/carers.</p>	<p>Bus approx. £1000 Residential places £280 per pupil x 18 = £5040</p>	<p>The residential trip provided by PGL offered children in Key Stage 2 a valuable experience filled with a range of activities aimed at broadening their horizons. Notably, all children who participated developed essential resilience skills, independence, and confidence, all of which are crucial for their personal development.</p>
<p>Fortnightly forest school sessions</p>	<p>All pupils, staff (1 member of staff completing L3 Forest School practitioner qualification)</p>	<p>Indicator 2: The engagement of all pupils in regular physical activity – kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school</p>	<p>Broader range of experiences for the children to participate in. Children gain skills in confidence, resilience and independence.</p> <p>Continued programme of</p>		<p>Fortnightly Forest School sessions have proven to be very popular. The well-resourced and maintained environment encourages exploration and learning outdoors. However, it is important to note that some updates to the resources would further enhance</p>

		children undertake at least 30 minutes of physical activity a day in school.	replacing equipment as it shows wear and tear, so that expenditure is evenly spread.		the children's experiences and opportunities to engage with nature.
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